



Mountain of Love Productions/Elite Books

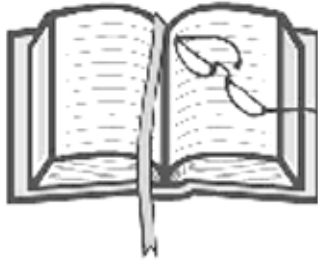
Santa Cruz, CA (831) 454-0606 • Fax (831) 457-2555
margaret@brucelipton.com • www.BeliefBook.com

Possible Interview Questions

These questions are linked in somewhat of a linear, unfolding sequence. Any individual question can be significantly expanded upon. The order in which questions are arranged is easiest sequence to set-up and respond to...but sequence can be adjusted.

1. In your book, *The Biology of Belief: Unleashing the Power of Consciousness, Matter and Miracles*, you write about how a scientific “epiphany” precipitated an instantaneous personal “transformation” in your life. What did you learn at that pivotal moment?
2. What is the fundamental difference between the conventional science we have all come to learn and the “new biology” that is emphasized in your book? (Our source, “identity,” is not from within the body and is immortal; We are not *victims* of life we are *creators* of life; a human organism is not an singular individual, it is in reality, a “community” of sentient cells.)
3. Cells can be conceived as miniature “people?” (e.g., Cells have “lives,” they need basic requirements, they have social order among them, as well as politics. Their “necessities” are fundamentally our necessities, ie, there is a plan for human survival active within the body’s cell community)
4. You state that the conclusions of conventional science are “flawed” because they are based upon three major assumptions that are apparently no longer valid. Which of science’s cherished beliefs are in question and how have they impacted our lives? (The Central Dogma-the belief that DNA controls life; Newtonian Physics-the belief that the world is a material mechanism; and neo-Darwinian theory-the notion that life’s strategy is based upon the “survival of the fittest in the struggle for survival.”)
5. It is held by almost all scientists that genes control the character of our lives. Are you really saying that genes don’t “cause” things like cancer or Alzheimer’s disease? (Enucleation studies reveal that cells without genes carry on with life as normal, some up to two or more months. Fact, control is not in genes. Genes offer potentials.)
6. If genes don’t control life...what does? Essentially, how does life “work?” (Cells designed to dynamically read environment and adjust their behavior and genes in order to survive. Environmental “signals” primary source that engages cellular mechanisms)
7. Do cells have a “brain?” (The cell membrane [ie, its skin] reads environmental stimuli, transduces the information in to a biochemical “awareness” which is then used to regulate cell behavior and gene activity.)

8. Your work emphasizes that the fundamental units of awareness are actually molecular units of “perception.” What are perceptions? How do they relate to beliefs? (The cell’s I/O’s are receptor and effector protein complexes; they provide *awareness* of the environment [receptors] and send stimuli [effectors] to engage the cell’s systems. By definition, these membrane proteins provide the cell with an “awareness of the environment through physical sensation,” this is the precise dictionary definition of the word *perception*. Complex perceptions, as experienced by humans, are based upon *interpretations* of experiences. In society there is an especial emphasis to express conformity with our interpretations. We may “buy” our interpretations of life experiences (learning) from those we perceive to be experts. However, experts can be wrong, so we may be operating from acquired *misperceptions*. Conclusions: perceptions control life, but they might be right or they maybe wrong...hence they are our *beliefs*.)
9. If DNA does not control our lives, what exactly are genes and how do they work? (Genes are “linear-blueprints” used in manufacturing protein molecules. Proteins are the body’s building blocks that provide for our structure and functions. When a body part or subunit needs to be manufacture...we use gene “blueprints to create these “parts.” The nucleus is like a file cabinet filled with folders of blueprints. Signals derived from the cell’s “brain” [membrane] “select” which genes are needed to create the structures or functions required by the cell in order to maintain life.
10. In your work you emphasize a new scientific understanding know as *epigenetic control*. What is *epigenetics*? (Currently the old belief is in *genetic control*, i.e. genes control life. *Epi* means “above.” So literally, *epigenetic control* translates as “control *above* the genes.” Simply, genes are not the source of life...there is *something* above them that controls biology. This *something* is the environment, and more importantly, our perceptions [beliefs] of the environment.)
11. You go so far as to say that when the science of epigenetics becomes part of our basic education, it will change civilization. That’s a big claim. How did you come to that conclusion? (We are currently taught that genes control life. However, we will come to realize that our *learned* perceptions of life control our biology...with that awareness we will find that it is a lot easier and more powerful to rewrite our perceptions than it is our genes. With this knowledge we can knowingly control our life experiences.)
12. What is cellular consciousness? (Cells are aware of their environments via their receptors and make informed decisions in response to stimuli that comprise their “field.”)
13. In your book, you emphasize the influence of quantum physics and its relationship to biology. What is the significance of this physics in regards to how we experience life? (Old physics says that all “information” controlling biology is in the physical form (atoms and molecules, ie “drugs. New research reveals that protein behaviors respond to energy patterns derived from quantum mechanical principles...we are “controlled by both physical matter and invisible force fields. Conventional science has ignored the powerful energy fields, which are more influential than are the material signals.)
14. What is electromagnetic or energy medicine/healing? (It is harnessing the power of energy fields, including thought, to control the body’s biochemistry via these new quantum physics insights about life



Mountain of Love Productions/Elite Books

Santa Cruz, CA (831) 454-0606 • Fax (831) 457-2555
margaret@brucelipton.com • www.BeliefBook.com

15. You describe how cells express only 3 basic responses to environmental stimuli. What are they? How does this fundamental behavior relate to humans? (Observing cells one can see that they can respond to their “perceptions” of the environment by engaging only one of three responses; they can *move to* a stimulus if it is deemed that it will support life, they can *move away* from a stimulus if it is deemed threatening of life; and lastly, they can *ignore* a stimulus if it is considered irrelevant to life. Moving forward and taking in the stimulus means to be open and in growth. Moving away and closing oneself down to a stimulus is done for protection. Cells can not move forward and backward at the same time, hence they cannot be in growth and in protection at the same time. When humans perceive “threatening” stimuli, they will engage in a protection response by shutting themselves down and moving away from the stimulus. This means we stop growing when in protection, an event that directly leads to death if it is chronic or maintained!)
16. Through evolution, individual cells came together in the form of communities. We perceive such communities as “organisms, eg, a fish, snake, tree, and even a human. What is the essence of a community and why did they evolve? (Cells came together in community to share awareness and enhance their survival. The same thing applies as to individuals in a human community. In community, each individual gives up their own “control” of what they are going to do and conform to the coordinating central voice’s directives. In the cellular community of a human, that central voice is the *mind*.)
17. How is a cell community organized so that it survives. What/who is in “control?” (The brain is the source of the “central voice.” It has two subdivisions, the subconscious and the conscious mind. The subconscious is a million times more powerful than the conscious. But the subconscious is only “habitual,” it will only play the programs with which it has been loaded. 95% of our daily activities are controlled by the subconscious mind. The less powerful conscious mind is unique for it is creative, it can “observe” the body’s operations and manually control the mechanism, overriding the read-only subconscious programs.)
18. You emphasize that the “subconscious” controls most of our behavior/physiology and that it operates through “programs.” Describe these programs and where they come from. (There are two fundamental classes of programs in the subconscious data base, those derived from evolution [instincts] and those “learned” through life experiences).
19. What is significance of “conscious parenting” in programming a child’s genes, intelligence and behavior? (The physical and behavioral development of a fetus and neonate and infant are controlled by the perceptions acquired from parents. In this regard the parents serve as genetic engineers in programming a child’s life.)
20. When you talk about the biology of belief, are you talking about the power of positive thinking? Why do people have so many problems in trying to exercise the power of positive thinking. (Positive thinking is an activity of the conscious mind. If the subconscious mind is programmed with beliefs and perceptions that are not aligned with the conscious mind’s intentions there is conflict. In the case of conflict, it must be recognized that the subconscious mind is a *million times* more powerful than the conscious mind. It takes an awfully large amount of will power for the conscious mind to override the subconscious programs, most people fail to control their unconscious programs.)

21. Talk about how we can learn to retrain our consciousness to create healthy beliefs - which can also help us in every other area of our lives. (First important point...there is no "consciousness" in the subconscious, it is strictly a "tape" player. There are ways to rewrite the tapes but you cannot just "talk" to this subconscious for there is "no one" in there.)
22. You talk about the innate intelligence and healing power of the human system. How come we appear to be so fragile? Why don't we see and hear more about this ability in people's lives? (We are programmed into weakness, for we become a great market to sell relief)
23. Does spirituality fit into all this? (Yes, our *identity* is outside of the cell and "plays" through sets of molecular antennas on the cell membrane. The source is independent of the mortal living body)
24. You say that the New Biology unites conventional medicine, complementary medicine, as well as spiritual healing, please explain.
25. Talk about the ecological aspect of all this - healing ourselves means healing our planet/world.
26. Your conclusions suggest that neo-Darwinian theory does not fully reflect how life arose on this planet. Does the "new biology" support evolution or creationism? (Interestingly...*both*)
27. Your work concludes that evolution is based upon fractal geometry. What is fractal geometry and what is its role in evolution? What does this new insight about evolution offer us compared to our current beliefs? (Fractals are the geometry that defines why there is truth in the axiom: "As is above, so it is below." We are reliving patterns of evolution history and civilization is on the verge of a radical evolutionary leap, tantamount to the jump from reptiles to mammals. Big stuff!)